



Self-Assessment: How often do I practice critical thinking?

This self-assessment will gauge your level of critical thinking

INSTRUCTIONS

- Using **R**arely, **S**ometimes, **O**ften document how frequently you do the following
- There isn't a correct answer, only personal perception
- Be honest with yourself

Critical Thinking Statements	R, S, O?
1. I notice when people state opinions as facts	
2. When someone is talking about another person, I ask them how they know	
3. I look for trends when analyzing information	
4. When receiving advice, I evaluate whether or not it rings true	
5. So people give me their honest opinion, I don't always explain why I am asking	
6. I find True and False are often based on our opinions	
7. When opinions are stated as facts, I try to help others see the difference	
8. I consider all available information before making a decision	
9. I am open to other people's ideas when trying to solve problems	
10. I learn from my mistakes rather than repeat them over and over	